



While this is an individual matter between you and God,
here are some prayer thoughts that might help
you as you prepare for the 7 days in Communion.

COMMUNION *Prayer*

Lord Jesus, I bow before you in humility and ask You to examine my heart today.

Show me anything that is not pleasing to You. Reveal any secret pride, any unconfessed sin, any rebellion or unforgiveness that may be hindering my relationship with You. I know that I am Your child, having received You into my heart and life and having accepted Your death as penalty for my sinfulness. The price You paid covered me for all time, and my desire is to live for You.

As I take the bread representing Your life, I remember You took that pain for me. You died for me! Thank You that Your death gave me life—abundant life now, and eternal life forever. As You instructed Your disciples, I, too, receive this bread in remembrance of You.

And in the same way, as I take this cup representing Your blood poured out from the cross, I realize that You were the supreme sacrifice for all my sin: past, present, and future. Because of Your blood shed for me, I can be free from the power and penalty of sin. Thank You for Your victory over death. And today I remember and celebrate the precious gift of life You gave me through the blood that You shed for me.

As I take communion, Lord, I want to recommit my life, my heart, my thoughts, my everything to You. Fill me today with Your powerful Spirit.

In Your Precious Name,
Amen